



Pine River Institute's Centre for Family Initiatives Positive Parenting Webinar Series

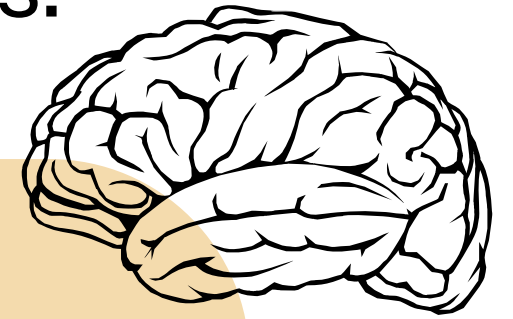
Bluewater District School Board and Bruce-Grey Catholic District School Board, in partnership with Pine River Institute, will be hosting five webinars:

1

Parenting for Positive Mental Health, Part 1

Thursday, October 19, 2023 at 7:00 p.m.

Understanding our child's behaviours and development: How can we respond with intention to promote mental wellness and growth?

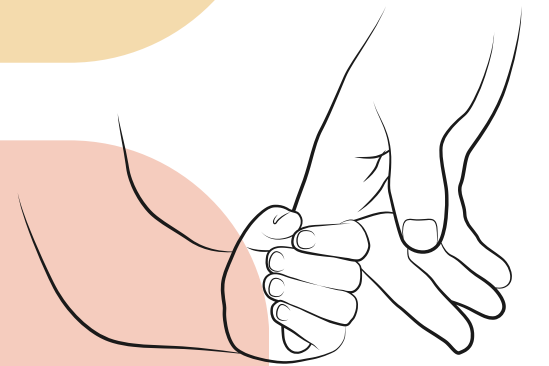


2

Parenting for Positive Mental Health, Part 2

Thursday, November 16, 2023 at 7:00 p.m.

Attunement, connection, and setting limits: What is your parenting style? What are the challenges parents face when their children push back?

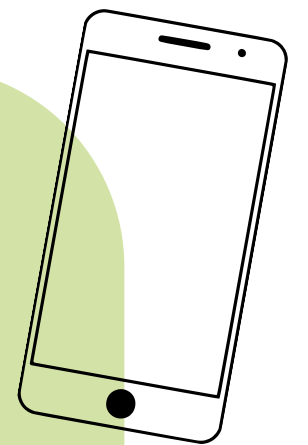


3

Understanding and Managing Screen Time

Thursday, February 15, 2024 at 7:00 p.m.

Are they addicted? Why is it so hard for kids to put down devices? What do parents need to know about the digital world and how it affects their child's development?



4

Connection and Empathy in Response to Behaviour

Wednesday, April 10, 2024 at 7:00 p.m.

Exploring the needs of children and recognizing why we sometimes struggle to connect: What can our child's behaviour tell us about their developmental needs? How can we respond in ways that build our relationship, rather than create conflict?

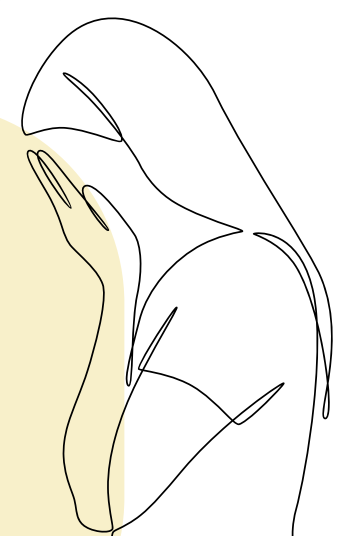


5

Understanding Addiction and Addictive Behaviours

Thursday, May 9, 2024 at 7:00 p.m.

Why do kids get stuck and how do addictive behaviours develop? What is the "function" behind the addiction, and how can parents support recovery without shame and guilt?



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